***Life Skills Distance Learning April 27th-May 1st***

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| **TIMES** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** |
|  | **Communication/PE** | **Vocational/Independent living** | **Functional Academic/PE** | **Domestic/Leisure/Safety Travel** |
| 9:00 AM – 9:30 AM | **\*Morning Meeting/Meditation**  **Group 1 (8:45-9:00)**  **Josh, Troy, Trevor, Frank**  **\*Speech Live Lesson**  **\*Morning Meeting/Meditation**  **Group 2 (9:05-9:20)**  **Jack, Alex, Jamie, Carter, John**  **\*Speech Live Lesson** | No School | Morning Meditation  <https://www.youtube.com/watch?v=vYQy8-7Ut1E> | Morning Yoga  <https://www.youtube.com/watch?v=Td6zFtZPkJ4> |
| 9:30 AM – 10:00 AM | **Physical Education**  Check in with Mr. Helsel on Teams |  | **Physical Education**  Check in with Mr. Helsel on Teams | **Vocational Work**  Click on the link for vocational task ideas. You may need your FlipGrid ID to access  Clerical job # 1 <https://flipgrid.com/a5ec72df>  Clerical job # 2 <https://flipgrid.com/3ba1b499>  Matching <https://flipgrid.com/dda3dfa1>  Sorting by Color <https://flipgrid.com/4f16afc3>  Counting Sets <https://flipgrid.com/41bc4e39> |
| 10:00 AM – 10:30 AM | Click on Mr. Helsel Website for P.E. activities  [Teacher Website](https://nam02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.cbsd.org%2FDomain%2F1847&data=02%7C01%7CMCASTELLI%40CBSD.ORG%7C072b12f5b82743a45ab108d7d51197ee%7Caa0b488ffc9e4185a5e3384220df23ca%7C0%7C0%7C637212143831625052&sdata=nh45u%2F729I5Fc9tL0GO159hqeVtHu8HuWivzPCQApR0%3D&reserved=0) |  | Click on Mr. Helsel Website for P.E. activities  [Teacher Website](https://nam02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.cbsd.org%2FDomain%2F1847&data=02%7C01%7CMCASTELLI%40CBSD.ORG%7C072b12f5b82743a45ab108d7d51197ee%7Caa0b488ffc9e4185a5e3384220df23ca%7C0%7C0%7C637212143831625052&sdata=nh45u%2F729I5Fc9tL0GO159hqeVtHu8HuWivzPCQApR0%3D&reserved=0) | **Meal Prep**  For today’s lunch write or type out materials needed  For today’s lesson write or type ingredients/food items needed |
| 10:30 AM – 11:00 AM | **Domestic/Cooking**  Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.  Turkey Sandwich <https://flipgrid.com/ba74fe84>  Tuna Melt <https://flipgrid.com/2d958094>  Pancakes  <https://flipgrid.com/b935eccf> |  | **Domestic/Cooking**  Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.  Turkey Sandwich <https://flipgrid.com/ba74fe84>  Tuna Melt <https://flipgrid.com/2d958094>  Pancakes  <https://flipgrid.com/b935eccf> | **\*Domestic/Cooking**  **Live Lesson**  **Group 1-Josh, Troy, Trevor, Frank**  **\*Group OT**  **(FD OT 10:45-11:00)**  **\*Live Lesson on making a sandwich** |
| 11:00 AM – 11:30 AM | Lunch |  |  | **\*Domestic/Cooking**  **Live Lesson**  **Group 2-Jack, Alex, Jamie, Carter, John**  **\*OT**  **(JF OT 11:15-11:30)**  **Live Lesson on making a sandwich** |
| 11:30 AM – 12:00 PM | Lunch Cleanup |  | Live Lunch with classmates & Teacher | Lunch Cleanup |
| 12:00 PM – 1:00 PM | Independent living/Functional Academics  \*Live Lesson- Grocery Shopping    12:30 (Josh, Frank, Troy, Trevor)  1:00 (Jamie, Carter, Jack, John, Alex) |  | **News-2-You**  Read News-2-You-Sharing Happiness  The story will be e-mailed. Click on link below for the story to be read aloud.  <https://www.wevideo.com/view/1654697181>  **Functional Writing/Math**  Write/Type Name  Write/Type Personal Information  Log in to Boom Cards    Login to IXL.com and work on Math & Reading comprehension | **Safety Travel**  If you live in a neighborhood take a walk around your neighborhood and practice crossing the street 10 times looking both ways before crossing with a parent/caregiver/older sibling. Also count out how many Stop Signs you have in your neighborhood and let me know. |